

Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur (M.P.)

National Cadet Corps [N.C.C.]

Month - June 2024

Topic of event — International Yoga Day

Date of event - 21/06/2024 Place
of event - Gwarighat.

Subject — Celebrated yoga day

Incharge - PTO Apoorva soni

Purpose of event— To promote good mental and physical health of people through yoga. To let people, connect through international yoga day. To connect people to the nature by practicing yoga.

Impact of event One study showed that just 12 minutes of yoga per day can significantly improve health both mentally as well as physically.

Number of participants - 40

Photographs of the event



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur (M.P.)

National Cadet Corps [N.C.C.]

Month - May 2024

Topic of event — T SC selection 2 IGC

Date of event - 30/05/2024 to 08/06/2024

Place of event - Ranjhi.

Subject — Thal Sena Camp selection from CATC T SC IGC 2nd Phase.

Incharge - 24 MP BATTALION

Purpose of event — From government MH college of Home Science and Science 5 Cadets were selected and they will represent the college in upcoming camps. Camp brought challenges but learnt about various things MR, WT, OT and FC-BC.

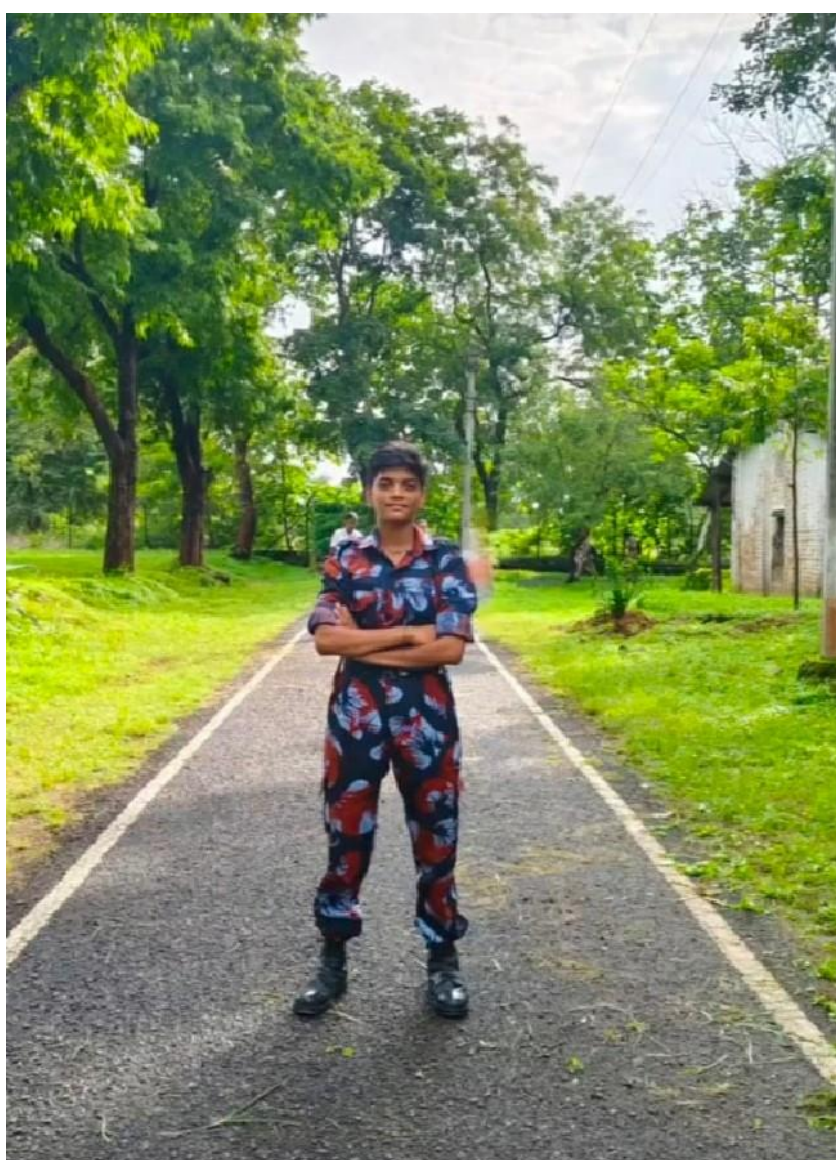
Impact of event -To select best cadets for Thal sena camp and to represent their battalion in Delhi through these CATC camps. From Govt M. H. College of home science and science 1 Cadets got selected for next TSC CATC.

Number of participants - 05

PreePatel

from OT

Photograph of event -



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur (M.P.)

National Cadet Corps [N.C.C.]

Month — 18 January 2024

Topic of event — Tree Plantation

Date of event — 18/01/2024

Place of event - Dumna nature park.

Subject — Tree Plantation and taking pledge to save the environment.

Incharge - ECO CLUB

Purpose of event — Tree plantation means planting more trees in a planned way. It is significant in the current age of climate change and global warming.

Impact of event - Trees are responsible for maintaining the ecological balance throughout the world.

Trees remove pollutants and fine particles from the air, reduce noise pollution and act as a buffer to keep residential areas quiet and serene.

Number of participants - 15

Photographs of the event —



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur
(M.P.)

National Cadet Corps [N.C.C.]

Month - June 2024

Topic of event — All India Balaghat Trekking camp.

Date of event — 1 June 2024

Place of event - Balaghat jabalpur.

Subject - All India Balaghat Trekking Expedition held in Balaghat.

Incharge - 2 MP Girls battalian.

Purpose of event — The aim of the trek was to inculcate a spirit of adventure, exploration, inquisitiveness and provide opportunity for building endurance and self-confidence amongst the girl cadets.

Impact of event - It gave girls cadets an opportunity to understand the importance of preservation of ecological and forest wealth and above all the cultural heritage of our Nation. Also, after participating in the cultural events MP and CC secured first position,

Number of participants - 3

Photographs of the event —



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur
(M.P.)

National Cadet Corps [N.C.C.]

Month — December 2023

Topic of event — Combined Annual Training Camp Phase III

Date of event — 18th December 2023

Place of event - Tilehri, Jabalpur

Subject — To provide Annual Training to the Cadets

Incharge - 2 M.P. GIRLS BATTALION

Purpose of event — The basic aim of camp is to introduce cadets to a regimented way of life and helps in developing team work, leadership qualities, self-confidence, self-reliance and dignity of labor in cadets.

Impact of event - Camp training helped in the overall development of cadets by inculcating in them the values of teamwork, leadership, and self-confidence. Cadets had been participated in many activities and

competitions like in games, cultural etc. where they also got appreciation through medals and certificate.

Number of participants - 40

21 Cadets of 2nd Year

14 Cadets of 3rd Year

5 Cadets of 3rd Year of TSC

Photographs of the event —



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National Cadet Corps [N.C.C.]

Month - May 2024

Topic of event — Walkathon 2.0

Date of event — 24/05/2024

Place of event -Rampur chowk

Subject — Walkathon, 5KM walk rally for the awareness of planting more and saving the environment.

Incharge — PTO Manju barkhane mam and Ms. Apoorva soni

Purpose of the event — to spread awareness about environment and to make the people aware for planting more by giving them the slogans of how useful the nature is, and to save this earth.

Impact of event — Around 200 plants has been planted in the homes of the participants and seedling has

been done by the participants through the rally. This rally taught them the importance of natural resources and how to save them.

Number of participants — 39

Photographs of event -



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur (M.P.)

National Cadet Corps [N.C.C.]

Month — September 2024

Topic of event — TSC Final selection CATC II

Date of event — 17/09/2024

Place of event - Delhi DG NCC

Subject — Thal Sena Camp selection from CATC TSC I Phase.

Incharge - 27 CG BN

Purpose of event — From government MH college of Home Science and Science 5 Cadets were selected and they will represent the college in upcoming camps. Camp brought challenges but learnt about various things MR, WT, OT and FC-BC.

Impact of event -To select best cadets for Thal sena camp and to represent their battalion in Delhi through these CATC camps. From Govt M. H. College of home science and science 5 Cadets got selected for next TSC CATC.

Name of participants - 01

Photograph of event —

Activity incharge - LT. Gurveer pal Singh

No. of participant - 01 SUO priya parwari



Govt. M. H. College of Home Science and Science for Women, Autonomous, Jabalpur (M.P.)

National Cadet Corps [N.C.C.]

Month — January 2024

Topic of event - Puneet Sagar Abhiyan- Awareness rally

Date of the event - 9th January 2024

Place of the event — Outside the college campus

Subject — Awareness rally to Clean Sea Shores or Beaches and other water bodies including rivers & lakes by Removing plastic and other waste.

Incharge — Miss Manju Barkhane

Purpose of the event - The purpose of the Abhiyan is to educate locals and sensitise them about 'Sawachh Bharat'.

Impact of the event - Further, the NCC cadets will interact with the general public, tourists, local shopkeepers/vendors and fishermen along the coastal areas to spread awareness on the ill effects of beach littering and its adverse harmful impact to the environment.

Participants name -102 All Cadets of 1st, 2nd and 3myear.

Photograph of the event -



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** : March 2023
- **Event Name** : Rally
- **Topic of event** : “Water Conservation”
- **Date of event** : 21 march 2023
- **Time** : 11:00 am
- **Place of event** : Home Science college To Shastri bridge
- **Purpose of event** :
 - To spared awareness about water conservation and maintaining cleanliness of water bodies
 - To aware the cadets about the values and importance of forest resources and how we can conserve these resources.
- **Outcome** : Student and public get aware about water conservation and
- **Activity Incharge:** Dr. Sadhna Kesarwani, Ms. Manju Barkhane and College Staff
- **Number of candidates** : 51



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

Month : March 2023

Topic of event : Youth Mahapanchayat

Date of event : 23 march 2023

Place of event : Manas Bhawan, Wright Town , Jabalpur

Purpose of event: Youth empowerment and development.

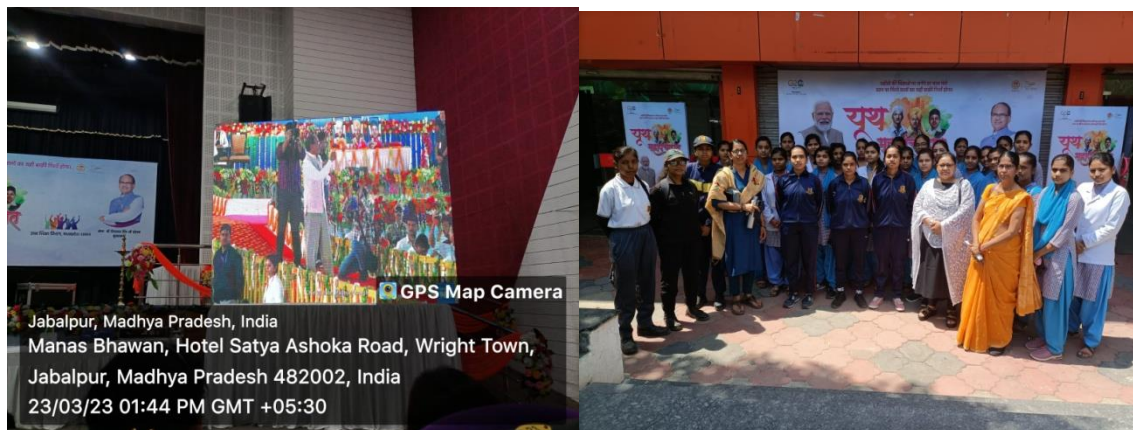
Objective of event : The Youth Mahapanchayat aims to empower and develop the youth by providing a platform for them to voice their opinions, share their ideas and experiences, and engage in discussions on issues that affect them.

Outcome of event: Empowering and developing youth through open dialogue for a positive impact on their lives.

Number of participants: 43

Incharge: Ms. Manju Barkhane

Photo of event



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month :** April 2023
- **Name of event:** Speech Competition
- **Topic of event :** "India before 2014 and India after 2014"
- **Date of event :** 05 April 2023
- **Time:** 11:00 am
- **Place of event :** Govt MH college of home science and science for women, Jabalpur
- **Purpose of event:** A comparison of India's progress before and after 2014.
- **Objective of event :** To highlight the contrast between the state of India before and after 2014 in terms of growth, inflation, corruption, and social issues.
- **Outcome of event:** Students get knowledge about India before 2014 was marked by slow growth, high inflation, corruption, and social issues, while India after 2014 has seen a focus on development, economic growth, and social welfare.
- **Number of participants:** 49 Student
- **Winner of event:** First position- Arti goswami II year
Second - Nikhat II year
Third - Harshita Dohaiya I year
- **Photo of event**



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** : June 2023
- **Event name** : Rank Ceremony
- **Topic of event** : Rank Ceremony
- **Date of event** : 7 June 2023
- **Place of event** : Govt MH college of home science and science for women, Jabalpur
- **Purpose of event**: To pass on the responsibilities to the new cadates.
- **Objective of event** : To inculcate the values of leadership and teamwork within the cadets.
- **Outcome of event**: To build a cadet with sense of responsibility, self-confidence and enhancing their personality for their better future
- **Incharge** : Ms. Manju Barkhane
- **Number of participants**: 49



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** :July 2023
- **Name of Event** : Pledge for “World Plastic free day” and Handmade paper bags distribution
- **Topic of event** : World Plastic free day
- **Date of event** : 07 July 2023
- **Place of event** : Govt MH college of home science and science for women, Jabalpur and Shashtri brigade
- **Purpose of event**: Distribution of handmade paper bags to aware public for “World Plastic free day”
- **Incharge**
- **Objective of event**: To promote pledge of not using plastic by all college staff and cadets.
- **Outcome of event**: Student and public get aware about plastic pollution and encourages individuals and communities to take action, promoting sustainable living and a circular economy.
- **Activity Incharge**: Dr. Sadhna Kesarwani, Ms. Manju Barkhane
- **Number of participants**: 45
- **Photo of event**



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** : August 2023
- **Event Name** : “Independence day”
- **Topic of event** : Independence day celebration
- **Date of event** : 15 August 2023
- **Place of event** : Govt MH college of home science and science for women, Jabalpur
- **Purpose of event**: To celebrate Independence Day
- **Objective of event** : To promote nationalism and patriotism in the youth of the nation
- **Outcome of event**: Feel the essence of the freedom struggle by the soldiers and our unity in diversity
- **Incharge**: Ms. Manju Barkhane
- **Number of participants**: 61
- **Photo of event**



Govt. M.H. College of Home Science and Science for Women, Jabalpur
Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** : November 2023
- **Name of Event** : 75th NCC day celebration - Blood Donation
- **Topic of event** : “Blood Donation”
- **Date of event** : November 26, 2023
- **Place of event** : 1 MP Battalion NCC Jabalpur
- **Purpose of event**: Blood donation initiative on the occasion of NCC day
- **Objective of event** : To motivate people for blood donation and social work.
- **Outcome of event**: To get the opportunity to save someone’s life and helps to inculcate the values like selflessness, charity etc.
- **Number of participants**: 35
- **Incharge** : 1 MP Battalion NCC Jabalpur
- **Event Photo**



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Departmental Activity Report
Session 2023-24
NCC (National Cadet Corps)

- **Month** : November 2023
 - **Topic of event** : writhe lying ceremony
 - **Date of event** : 26 november 2023
 - **Place of event** : War Memorial sadar , Jabalpur
 - **Purpose of event**: To contribute in the occasion of NCC day.
 - **Objective of event** : To know the importance of NCC and moto of it and also to remind the pledge we took when we join NCC.
 - **Outcome of event** : To build a cadet with sense of responsibility, self-confidence and enhancing their personality for their better future.
- **Number of participants**: 25

